

## STUDENTS CORNER

# BLOOD DONATION DRIVE 2017

Aqsa Mehfooz<sup>1</sup>

A student run welfare organization of the Bahria University Medical and Dental College, organizes a blood donation camp in the university premises twice every year. The purpose of this initiative is to collect blood for patients suffering from Thalassemia and other diseases that require a continuous supply of blood from the donors.

This time, the Blood Drive was held on 17th of January, 2017, in collaboration with the **Indus Hospital Blood Bank**, in the Skills Lab of BUM&DC.

The event started with a ribbon cutting ceremony by the presidents of Bahria Medics, **Osama Waheed** and **Aqsa Mahfooz**, at 10:30 hours. Director General BUMDC, Vice Admiral Tehseen Ullah Khan HI(M) (R), Dean, Professor Dr. Asad Ullah Khan, Professor Dr. Hassan Ali (HOD Biochemistry) and all the faculty members graced the ceremony with their presence. After the ceremony, both the presidents gave briefing to the Director General and the faculty members about whole procedure, from donating the blood till it reaches the patient. This included the safety procedures before drawing blood of the donor, transport, screening, storage and the procedure of how someone in need can avail it. In order to spread awareness and motivate the students to play their vital role in this noble act of humanity, short lectures were organized for every class on the day. Miss. Syeda Sara Zafar (Marketing Executive, Indus Hospital) delivered the lectures. Class Representatives from each class were already chosen and were assigned the task of motivating their class fellows for donation. The procedure of donating blood started by measuring body weight of the donor, and then demographic data was recorded. This was followed by brief history taking and recording of vitals (pulse, blood pressure, body temperature) and then Hemoglobin level was checked. If the standard criterion was met, the donor was then ready to donate blood. Intense care was taken before drawing out blood of the donor. When blood withdrawal was complete, the donor was given a pack of biscuits and juice to revive blood sugar levels. In case of any complications, Dr. Dawood (of Indus Hospital) was also present at the blood camp. Each donor would get a certificate of acknowledgement and screening reports from blood bank.

All the students and faculty members displayed great

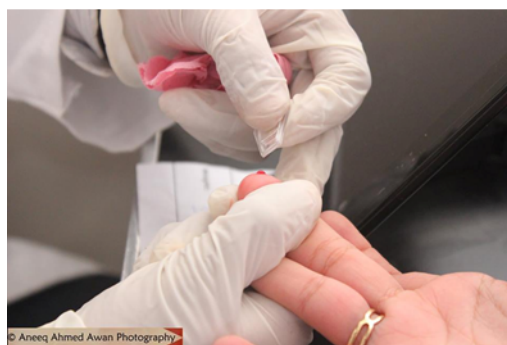
enthusiasm towards the noble cause. The tireless efforts of the team of Bahria Medics and Professor Dr. Hassan Ali (HOD Biochemistry) made this blood drive a huge success with collection of 89 pints of blood. Such activities play a pivotal role in inculcating a sense of responsibility towards humanity in the future doctors of the country.

Director General ensure the safety of blood donation



© Aneeq Ahmed Awan Photography

Blood prick for blood grouping and matching



© Aneeq Ahmed Awan Photography

✉ **Aqsa Mehfooz**  
Final year MBBS Student  
Bahria University Medical and Dental College  
Email: aqsa.mahfooz29@hotmail.com  
Karachi  
Received: 16-01-2017  
Revised: 10-02-2017  
Accepted: 12-04-2017

Checking vitals and hemoglobin level present  
in a sample of blood



The blood drive team with the Director General and faculty members.

